

# HURRICANE FOOTBALL FUTURE TIGER FOOTBALL 2 DAY CAMP

# WHEN:

MONDAY, JUNE 6TH / TUESDAY, JUN<mark>e</mark> 7th

# TIME:

6:00 PM - 8 PM 1st time check in begins at 5:15 PM on 6/6 and 6/7

# WHERE:

HURRICANE INTERMEDIATE SCHOOL

# HOW TO REGISTER

CLICK THE LINK OR SCAN THE QR CODE BELOW:

HTTPS://SECURE.REC1.COM/UT/CITY-HURRICANE-RECREATION/CATALOG

# **CAMP GOALS**

"TIGER ELITE" FOOTBALL CAMP IS A 2 DAY CAMP INTENDED FOR ANY ATHLETE Entering grades 3rd-8th grade for fall 2022.

# BY THE END OF THE CAMP, EACH CAMPER WILL:

- LEARN BASIC SKILLS NECESSARY FOR VARIOUS OFFENSIVE & DEFENSIVE
  POSITIONS
- LEARN DIFFERENT STRATEGIES FOR DEVELOPING AGILITY & SPEED
- LEARN HOW TO DEVELOP A GREAT COMPETITIVE NATURE, WHILE ALSO Demonstrating proper sportsmanship
- LEARN THE IMPORTANCE OF SAFETY IN THE GAME OF FOOTBALL
- LISTEN TO VARIOUS SPEAKERS ON A VARIETY OF TOPICS...ALL FOCUSED ON Becoming the best student-athlete you can be!
- HAVE FUN!

#### UNH QUESTIONS? Email Head Coach - Cory Ashby - Cory.Ashby@washk12.org

**INCOMING 3RD - 8TH GRADE** 

# COST:

EARLY REGISTER: \$45 Payable by Cash / Check / Credit/Debit

\*WALK-UPS WELCOMED!! \$50 FEE OR \$25 FOR THE DAY.

\*ALL CAMPERS WILL GET A CAMP SHIRT





2022

# HURRICANE FOOTBALL

### **OFFENSIVE SKILLS DEVELOPMENT**

THE FOLLOWING OFFENSIVE SKILLS WILL BE ADDRESSED AND DEVELOPED:

- PROPER STANCE (QB, RB, WR, OL, TE)
- PROPER HANDOFF TECHNIQUE
- PROPER RECEIVING TECHNIQUE
- CORRECT THROWING MECHANICS
- INTRODUCTION TO PASS ROUTES

#### **DEFENSIVE SKILLS DEVELOPMENT**

- PROPER STANCE (DL, LB, SECONDARY)
- MAN-TO-MAN COVERAGE TECHNIQUES
- INTRO TO TACKLING
  - TEACH PROPER TECHNIQUES FOR TACKLING SAFELY
  - ALL DONE ON DUMMIES & PADS (NO LIVE TACKLING AT ALL!)

#### **SAFETY**

IN FOOTBALL, NO TOPIC IS MORE IMPORTANT THAN SAFETY! ALL ATHLETES WILL BE TAUGHT HOW TO SAFELY PERFORM EACH EXERCISE. THIS IS A TOUCH ONLY CAMP, THEREFORE, NO ATHLETE WILL BE ENTERED INTO ANY EXERCISE WHERE CONTACT EQUIPMENT IS REQUIRED! **RELEASE FORMS**: A RELEASE FORM IS REQUIRED AT REGISTRATION.

#### CREDIBILITY

THE "TIGER ELITE" FOOTBALL CAMP WILL BE ORCHESTRATED BY MEMBERS OF THE HURRICANE HIGH SCHOOL VARSITY COACHING STAFF. ALL MEMBERS OF THE STAFF POSSESS MANY YEARS OF COACHING EXPERIENCE. ALL COACHES WILL EXEMPLIFY THE IDEALS PASSED ON FROM OUR HEAD COACH, CORY ASHBY.

#### WHAT TO BRING?

#### ATHLETES NEED TO BRING THE FOLLOWING EQUIPMENT:

- MOLDED RUBBER CLEATS (FOOTBALL, BASEBALL, AND SOCCER SHOES ARE OK IF THEY ARE MOLDED RUBBER)
- SHORTS, T-SHIRT
- SUNSCREEN, CAP IF DESIRED
- MUST BRING YOUR OWN LABELED WATER JUG
- "POCKET CHANGE" FOR SNACKS
  - \$1.00 WATER
  - \$2.00 GATORADE / POWERADE
- SOME YOUTH & FULL SIZED FOOTBALLS WILL BE PROVIDED
  - BRING YOUR OWN FOOTBALL IF YOU WANT (MAKE SURE YOUR NAME IS ON IT)

#### SPONSORED BY:

