

HHS Intramurals



What are Intramurals?

Intramurals are games and activities played with other members of the school. Rules are simplified to accommodate all ability levels.

When & Where are Intramurals?

During the last 20 minutes of lunch on most weekdays, except for Friday. Games are played in the aux gym or out on the football field.

Who can participate?

Anyone who attends HHS. All grades, faculty, and teachers are encouraged to participate!

How much does it cost?

Intramurals are FREE! However, good sportsmanship is required.

Are there prizes?

YES! The top two teams of the tournament will be awarded a prize. Prizes include, but are not limited to: T-shirts, sports equipment, sports drinks, etc.



What are some of the sports?

Throughout the year, in no particular order, we will play: Ping pong, Corn hole, Badminton, Basketball shootout, Volleyball, Kick ball, Ultimate frisbee, flag football, and futsal.

How and When do I sign up?

Listen to school announcements for dates. Complete the sign up form found on the school website. You must include first & last name, grade, and agree to the rules and expectations of the intramural program.

Questions?

Contact Mrs. Clay (haley.clay@washk12.org) OR Mr. Tobiasson (sterling.tobiasson@washk12.org)